Description of Course
This course addresses the productive and problematic use and impact of digital technologies across the lifespan, exploring cognitive, emotional, or socio-cultural perspectives. Topics include: implications of being a digital native or digital immigrant, the effects of techno stress; social media and self-esteem, cyberbullying, and cybertherapy. Where relevant, cultural implications are explored from a Scandinavian perspective.
Learning Objectives
By the end of this course should be able to critically apply theory and research as regards the challenges, advantages and disadvantages inherent to the field of Cyberpsychology. Students should be able to characterize the impact of cross-cultural factors on psychological and social topics covered in the course.

Reading (Examples)

Books (Selected chapters)


Articles (selected)


Field Studies
E.g., *Visits to practitioners and organizations in the Copenhagen area working within the field*

Guest Lecturers
E.g., *Cybertherapy: Advantages and Challenges*
Evaluation
Grading

<table>
<thead>
<tr>
<th>Assignment</th>
<th>Percent</th>
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<tbody>
<tr>
<td>Attendance &amp; Participation</td>
<td>15 %</td>
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<tr>
<td>Short &amp; Long Study Tour Reflection paper (15% each)</td>
<td>30 %</td>
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<td>Interviewing Danes Group Presentation</td>
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<tr>
<td>Research Paper</td>
<td>20 %</td>
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<td>Final Exam</td>
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Examples of Course Topics

E.g. 1 : Our online identities: how our self of self is constructed using social media

E.g. 2 : Video games: positive and negative effects

E.g. 3: The dark side of digital life: Addiction, anxiety, cyberbullying and trolling

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