

# Swimming halls





# Sports in Copenhagen

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## Swimming halls in and around Copenhagen

Swimming is always a great way to exercise! You burn a lot of calories, stay in shape or maybe even lose some weight if that is what you want to!

We have a lot of swimming halls, and there should be one close to where you live. We tried our best to cover a big area.

We hope you will enjoy this!



# Sports in Copenhagen

## Swimming Halls

### Bellahøj Svømmestadion

Hall Address Bellahøjvej 1 – 3  
2700 Brønshøj

Phone 3826 2140

Opening Hours

Monday	06:00 – 17:00	Outdoor facilities: 10:00 – 18:00
Tuesday	10:00 – 21:00	Outdoor facilities: 10:00 – 18:00
Wednesday	06:00 – 17:00	Outdoor facilities: 10:00 – 18:00
Thursday	10:00 – 19:30	Outdoor facilities: 10:00 – 18:00
Friday	06:00 – 17:00	Outdoor facilities: 10:00 – 18:00
Saturday	10:00 – 17:00	Outdoor facilities: 10:00 – 18:00
Sunday	10:00 – 17:00	Outdoor facilities: 10:00 – 18:00

### Emdrup Bad

Hall Address Bredelandsvej 20  
2100 Copenhagen Ø

Phone 3920 4787

Opening Hours

Monday	07:00 – 19:00
Tuesday	10:00 – 16:00
Wednesday	07:00 – 19:00
Thursday	07:00 – 16:00
Friday	07:00 – 16:00
Saturday	09:00 – 15:00
Sunday	09:00 – 15:00

### Frankrigsgade Svømmehal

Hall Address Frankrigsgade 35  
2300 Copenhagen S

Phone 3259 3995

Opening Hours

Monday	07:00 – 19:00
Tuesday	07:00 – 20:00
Wednesday	10:00 – 19:00
Thursday	07:00 – 17:00
Friday	07:00 – 17:00
Saturday	09:00 – 14:00
Sunday	09:00 – 14:00



# Sports in Copenhagen

## Hillerødgade Bad og Hal

Hall Address Sandbjerggade 35  
2200 Copenhagen N  
Phone 3585 1955

Opening Hours

Monday	10:00 – 16:00
Tuesday	07:00 – 19:00
Wednesday	07:00 – 16:30
Thursday	07:00 – 20:30
Friday	07:00 – 16:00
Saturday	08:00 – 14:00
Sunday	08:00 – 14:00

## Sundby Bad

Hall Address Sundbyvestervej 50  
2300 Copenhagen S  
Phone 3258 5568

Opening Hours

Monday	10:00 – 18:00
Tuesday	06:30 – 18:00
Wednesday	07:00 – 18:00
Thursday	07:00 – 18:00
Friday	07:00 – 16:00
Saturday	09:00 – 16:00
Sunday	09:00 – 16:00

## Svanemøllehallen

Hall Address Østerbrogade 240  
2100 Copenhagen Ø  
Phone 8256 3300

Opening Hours

Monday	07:00 – 23:00
Tuesday	07:00 – 23:00
Wednesday	07:00 – 23:00
Thursday	07:00 – 23:00
Friday	07:00 – 22:00
Saturday	08:00 – 20:00
Sunday	09:00 – 22:00



# Sports in Copenhagen

## Vesterbro Svømmehal

Hall Address Angelgade 4  
1765 Vesterbro, Copenhagen

Phone 3122 0500

Opening Hours

Monday	10:00 – 21:00
Tuesday	07:00 – 18:00
Wednesday	07:00 – 19:00
Thursday	07:00 – 17:30
Friday	07:00 – 16:30
Saturday	09:00 – 14:00
Sunday	09:00 – 14:00

## Øbro-Hallen

Hall Address Gunnar Nu Hansens Plads 3  
2100 Copenhagen Ø

Phone 8256 3300

Opening Hours

Monday	07:00 – 23:00
Tuesday	07:00 – 23:00
Wednesday	07:00 – 23:00
Thursday	07:00 – 23:00
Friday	07:00 – 22:00
Saturday	08:00 – 20:00
Sunday	09:00 – 22:00

## DGI-Byen Svømme center

Hall Address Tietgengade 65  
1704 Copenhagen V

Phone 3329 8140

Opening Hours

Monday	06:30 – 22:00
Tuesday	06:30 – 22:00
Wednesday	06:30 – 22:00
Thursday	06:30 – 22:00
Friday	06:30 – 20:00
Saturday	09:00 – 19:00
Sunday	09:00 – 18:00



# Sports in Copenhagen

## Lyngby Svømmehal

Hall Address                    Lundtoftevej 53  
   2800 Kgs. Lyngby  
Phone                            4597 3960

Opening hours                Monday      15:00 - 19:30  
   Tuesday     06:45 - 19:30  
   Wednesday 06:45 - 21:30  
   Thursday   06:45 - 19:30  
   Friday      06:45 - 15:00  
   Saturday   08:00 - 15:00  
   Sunday     08:00 - 15:00

Extra facilities                Dry Water massage 10 min. / 20 DKK

All students, studying at a Danish university, will get a discount if showing their student card before buying a ticket to Lyngby Svømmehal. You can buy these tickets every Tuesday at 06:00 - 08:00 and Wednesday at 17:00 – 18:00 o'clock

## Farum Svømmehal

Hall Address                    Farum Park 20 st. th  
   3520 Farum  
Phone                            7235 4750

Opening hours                Morning Swim  
   Monday     06:00 – 08:50  
   Tuesday    06:00 – 08:50  
   Wednesday 06:00 – 08:50  
   Thursday   06:00 – 08:50  
   Friday      06:00 – 08:50  
   Saturday   07:00 – 08:50  
   Sunday     07:00 – 08:50

Evening Swim  
Tuesday      15:00-17:00  
Tuesday      19:10-21:00  
Saturday     13:00-16:00  
Sunday        12:00-16:00



# Sports in Copenhagen

## Vestbad

Hall Address Nykær 26,  
2605 Brøndby  
Phone 36753626

Opening hours Fitness and Swimming  
Monday – Thursday 06:30 – 20:00  
Friday 06:30 – 16:00  
Saturday 09:00 – 16:00  
Sunday 09:00 – 16:00

Extra facilities we have a Café where you can get something to drink. We are also offering Spa (with sauna, steam bath, warm water pool etc.), massage, body peeling and many other things! We also have arrangements like Friday Spa For women – Social night or beer-night spa for men! For more information in Danish: se [www.vestbad.dk](http://www.vestbad.dk)

## Valby Vandkulturhus

Hall Address Julius Andersens Vej 1A  
2450 Copenhagen SV  
Phone 8220 5744

Opening hours  
Monday 14:00 - 20:30  
Tuesday 08:00 – 16:30  
Wednesday 14:00 – 20:30  
Thursday 08:00 – 16:30  
Friday 08:00 – 20:30  
Saturday 09:00 – 16:30  
Sunday 09:00 – 16:30

## Frihedens idrætscenter

Hall Address Hvidovrevej 446  
2650 Hvidovre  
Phone 3678 7977

Opening hours  
Monday 06:30 – 09:00 and 15:00 - 20:00  
Tuesday 06:30 - 09:00 and 15:00 – 18:00  
Wednesday 06:30 – 09:00 and 15:00 – 20:00  
Thursday 06:30 - 09:00 and 15:00 – 18:00  
Friday 06:30 - 09:00 and 15:00 – 18:00  
Saturday 08:00 – 15:00  
Sunday 08:00 – 15:00



# Sports in Copenhagen

## Glostrup Fritidscenter

Hall Address	Christiansvej 2 2600 Glostrup	
Phone	4396 6925	
Opening Hours	Monday	06:30 – 22:00
	Tuesday	06:30 – 19:30
	Wednesday	06:30 – 19:30
	Thursday	06:30 – 19:30
	Friday	06:30 – 19:30
	Saturday	08:00 – 15:30
	Sunday	08:00 – 15:30

## Frederiksberg Svømmehal

Hall Address	Helgesvej 29 2000 Frederiksberg	
Phone	3814 0400	
Opening Hours	Monday	07:00 – 21:00
	Tuesday	07:00 – 21:00
	Wednesday	07:00 – 21:00
	Thursday	07:00 – 21:00
	Friday	07:00 – 21:00
	Saturday	07:00 – 16:00
	Sunday	09:00 – 16:00

## Hjorstespringsbadet

Hall Address	Skinderskovvej 29 2730 Herlev	
Phone	4452 5825	
Opening Hours	Monday	06:30 – 09:00 and 14:00 – 21:00
	Tuesday	06:30 – 09:00 and 14:00 – 21:00
	Wednesday	06:30 – 09:00 and 14:00 – 21:00
	Thursday	06:30 – 09:00 and 14:00 – 21:00
	Friday	06:30 – 09:00 and 14:00 – 19:00
	Saturday	08:00 – 16:00
	Sunday	08:00 – 16:00





# Sports in Copenhagen

## Virum svømmehal

Hall Address	Askevænget 10
	2830 Virum
Phone	4597 3984
Opening Hours	Monday 08:00 – 22:00
	Tuesday 08:00 – 22:00
	Wednesday 08:00 – 22:00
	Thursday 08:00 – 22:00
	Friday 08:00 – 20:00
	Saturday 08:00 – 20:00
	Sunday 08:00 – 20:00