

Philosophy of Mental Health

Time and Place

Physical Venue:

Tuesdays 13:30-16:00

Faculty of Theology, University of Copenhagen,

South Campus, Karen Blixens Plads 16, Room 8B.0.16

Online Platform:

<https://ucph-ku.zoom.us/j/2188071867>

Course Description

Mental illness is an increasing problem involving dramatic personal and socioeconomic costs. Developments in genetics, evolutionary biology, and neuroscience over the last two decades have made it obvious for psychiatrists and psychologists alike that the question 'what is mental illness?' is still an open question that requires interdisciplinary resources. Philosophy of mental health is an attempt to develop a solid conceptual framework for the interdisciplinary exploration of mental illness. This course is an introduction to the burgeoning field of philosophy of psychiatry. Against a solid historical background, the course sets out to present, examine, and discuss concepts fundamental to our understanding of mental illness (mind, body, self, person, rationality, emotion, normality/disorder), the meaning of psychopathology, the relationship between biology (genetics, evolutionary biology, and neuroscience in particular) and subjectivity, and the question of therapy (the values and norms of well-being).

Learning Objectives

This course will introduce the student to some of basic philosophical dimensions of mental health. This introduction will enable the student to understand and evaluate critically the problems involved in the growing challenges to mental health. Besides getting a solid understanding of the historical background of contemporary philosophy of mental health, the student can expect to learn about the strengths and limits of scientific explanations of mental illness; the complex relationship of biological, psychological, and social factors involved in mental illness; the question of psychopathology and phenomenology in a scientific culture; the problem of health care; the issue of medicalization; and the scope and aim of therapy.

Faculty

René Rosfort, PhD & MA (University of Copenhagen, 2008 & 2003). Associate Professor of Ethics and Philosophy of Religion (Søren Kierkegaard Research Centre, Faculty of Theology, University of Copenhagen). For more information, see [here](http://teol.ku.dk/skc/english/staff/?pure=en/persons/77458) 
(<http://teol.ku.dk/skc/english/staff/?pure=en/persons/77458>)

Office Hours by Appointment

Faculty of Theology, University of Copenhagen

South Campus, Karen Blixens Plads 16, Room 6B.1.19

Textbooks to be acquired by the students themselves (except for McNally 2011 which is available digitally)

- George Graham. *The Disordered Mind: An Introduction to Philosophy of Mind and Mental Illness*, 3rd edition London: Routledge 2021.
- Richard J. McNally. *What is Mental Illness?* Cambridge, MA: Harvard University Press 2011.
- Roy Porter. *Madness: A Brief History of Mental Illness*. Oxford: Oxford University Press 2002.

Expectations of the students

The students are expected to have prepared themselves carefully for each class, that is, to have done the required reading and to think about issues, problems, and questions to be discussed in class. Moreover, the students are expected to engage in the discussions as well as the group work, and to make use of both the theoretical tools and the historical background when discussing the issues in question. According to UCPH policy, all students must be present 75% of the time to receive a grade.

Requirements for DIS-students

For undergraduate students (bachelor students):

Active attendance (at least attendance in 75% of the sessions documented by protocol). The syllabus volume and content are determined by the teacher, and three papers are to be submitted on Absalon of 4-5 pages each, as well as a final major assignment, which has a size of 19,200-24,000 characters, i.e. 8-10 pages, and based on 400-500 pages of literature.

Requirements for KU-students (both Danish students and Exchange students)

For undergraduate students (bachelor students):

Active attendance (at least attendance in 75% of the sessions documented by protocol). A final major assignment, which has a size of 24.000-28.800 characters, i.e. 10-12 pages, and based on 400-500 pages literature in agreement with the teacher. The assignments is assessed by the teacher and a grade is given in accordance with the 7-point grading scale. If participation takes place via streaming for more than 25% of the sessions, the following is required to pass the course: A final assignment assignment that has a scope of 36,000-48,000

characters, i.e. 15-20 pages, and based on 1,200 to 1,500 pages of literature. The teacher must approve the subject and literature.

For graduate students (kandidat/master students):

Active attendance (at least attendance in 75% of the sessions documented by protocol). A final paper of 36.000-48.000 characters, i.e. 15-20 pages, and based on 800-1000 pages of literature in agreement with the teacher. The assignment is assessed by the teacher, and a grade is given in accordance with the 7-point grading scale. If participation takes place via streaming for more than 25% of the sessions, the following is required to pass the course: An assignment of 60,000-72,000 characters, i.e. 25-30 pages, and based on approx. 1,500 pages of literature. The teacher must approve the subject and literature.

Grading (only for DIS-students)

2 short assignments of 4-5 pages (each counting for 20% of the final grade)	40%
A final paper of 8-10 pages	45%
Engaged participation	15%

Plagiarism Policy

In accordance with UCPH rules for academic ethics, there will be a no tolerance policy towards cheating and plagiarism. The submission of any paper which is not your own work will result in an automatic fail and may have severe consequences for your future studies

Skjul alle

Vis fremgang

Eksporter fagindhold

Offentliggør alle ▼

+ Modul



Session 1. Introduction: What Is Mental Health and Why Does Our Mind Suffer?



Required Reading



McNally. What Is Mental Illness?, Ch. 1 (2011)

(<https://ebookcentral.proquest.com/lib/kbdk/reader.action?ppg=12&docID=3300897&tm=1535211157212>)



Graham. The Disordered Mind (2021), Ch. 1-2



Optional Reading



Murphy. Philosophy of Psychiatry (2013)

(<http://plato.stanford.edu/entries/psychiatry/>)



Video: Is Mental Illness Real? (October 2019)

(<https://www.youtube.com/watch?v=rPf1yFdCINy>)



Envisioning a future for transgender and gender-diverse people beyond the DSM (2021) (<https://www.cambridge.org.ep.fjernadgang.kb.dk/core/journals/the-british-journal-of-psychiatry/article/envisioning-a-future-for-transgender-and-genderdiverse-people-beyond-the-dsm/79ED4C6B95B833180EA8BAF116C32991>)



Berk. Biomarkers in Psychiatric Disorders (2023)

(<https://onlinelibrary.wiley.com/doi/10.1002/wps.21071>)



Additional Reading



[Stein et al. Philosophy of psychiatry: theoretical advances and clinical implications \(2024\)](https://onlinelibrary.wiley.com/doi/full/10.1002/wps.21194)

(<https://onlinelibrary.wiley.com/doi/full/10.1002/wps.21194>)



[Kapilashrami & Bhui. Mental health and COVID-19: is the virus racist? \(2020\)](https://www.cambridge-org.ep.fjernadgang.kb.dk/core/journals/the-british-journal-of-psychiatry/article/mental-health-and-covid19-is-the-virus-racist/E9B739FCFB8E99E741528CBC634FC7C7)

(<https://www.cambridge-org.ep.fjernadgang.kb.dk/core/journals/the-british-journal-of-psychiatry/article/mental-health-and-covid19-is-the-virus-racist/E9B739FCFB8E99E741528CBC634FC7C7>)



[Abel&Ramsay. Introduction. being female \(2017\)](https://www.cambridge-org.ep.fjernadgang.kb.dk/core/services/aop-cambridge-core/content/view/85AB4E30FF2F9B2C619C66220243AEED/9781108566568int_pxii-xiv_CBO.pdf/introduction_being_female.pdf)

(https://www.cambridge-org.ep.fjernadgang.kb.dk/core/services/aop-cambridge-core/content/view/85AB4E30FF2F9B2C619C66220243AEED/9781108566568int_pxii-xiv_CBO.pdf/introduction_being_female.pdf)



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▼ Session 2. A Brief History of Suffering I: From Humoralism to Nerves



Required Reading



Porter. Madness, Ch. 1-4 (2002)



Optional Reading



Porter. Madness, Ch. 5-6 (2002)



 [Weiner. The Madman in Light of Reason I \(2008\)_ !\[\]\(312638b5686dbc3f6ff8424fd17b3fb2_img.jpg\) \(https://doi-org.ep.fjernadgang.kb.dk/10.1007/978-0-387-34708-0_6\)](https://doi-org.ep.fjernadgang.kb.dk/10.1007/978-0-387-34708-0_6)  

 [Weiner. The Madman in Light of Reason II \(2008\)_ !\[\]\(cb741e910ae1fce3b15fcd4605753ff5_img.jpg\) \(https://doi-org.ep.fjernadgang.kb.dk/10.1007/978-0-387-34708-0_7\)](https://doi-org.ep.fjernadgang.kb.dk/10.1007/978-0-387-34708-0_7)  

 [Weiner. Philippe Pinel in the Twenty-First Century \(2008\)_ !\[\]\(78eb1652b591ce460bbb1a853a52e223_img.jpg\) \(https://doi-org.ep.fjernadgang.kb.dk/10.1007/978-0-387-34708-0_8\)](https://doi-org.ep.fjernadgang.kb.dk/10.1007/978-0-387-34708-0_8)  

 [The Only Us Campaign !\[\]\(80ae2b64037a63e4dd106d2cfb4205ab_img.jpg\) \(https://twitter.com/onlyuscampaign\)](https://twitter.com/onlyuscampaign)  

Additional Reading

 [Bourke. Our Anaesthetic \(2014\)_ !\[\]\(4ba8d838a2aa5445d51c9dee78fcb0cc_img.jpg\) \(https://aeon.co/essays/how-doctors-turned-away-from-their-patients-stories-of-pain\)](https://aeon.co/essays/how-doctors-turned-away-from-their-patients-stories-of-pain)  

 [Witt. Gender Essences \(2015\)_ !\[\]\(f18214e08965a1644d0b2b0878fd365f_img.jpg\) \(https://aeon.co/essays/would-you-be-the-same-person-if-you-were-a-different-gender\)](https://aeon.co/essays/would-you-be-the-same-person-if-you-were-a-different-gender)  

 [Scully. On Madness and Meaning \(2015\)_ !\[\]\(42837a1907e26cf155e215b5440e265d_img.jpg\) \(http://www.theparisreview.org/blog/2015/04/22/madness-and-meaning/\)](http://www.theparisreview.org/blog/2015/04/22/madness-and-meaning/)  

 [Pierre. A Mad World \(2014\)_ !\[\]\(0718ece108875f096be32ef1aea65831_img.jpg\) \(https://aeon.co/essays/do-psychiatrists-really-think-that-everyone-is-crazy\)](https://aeon.co/essays/do-psychiatrists-really-think-that-everyone-is-crazy)  

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▼ Session 3. A Brief History of Suffering II: From Pinel Over Freud to DSM-5



Required Reading



**Porter. Madness, Ch. 6, 8-9 (2002)****Shorter. The History of the DSM (2013)** (https://doi-org.ep.fjernadgang.kb.dk/10.1007/978-1-4614-6504-1_1)**Optional Reading****Graham. The Disordered Mind (2021), Ch. 4****McNally. What Is Mental Illness?, Ch. 2 (2011)**
(<https://ebookcentral.proquest.com/lib/kbdk/reader.action?ppg=43&docID=3300897&tm=1535354235013>)**Frances. DSM in Philosophyland (2010)** (https://doi-org.ep.fjernadgang.kb.dk/10.1007/978-1-4614-6504-1_7)**Goodday, Karlin & Friend. The Digital Redesign of Mental Health (2023)**
(<https://www-cambridge-org.ep.fjernadgang.kb.dk/core/journals/the-british-journal-of-psychiatry/article/digital-redesign-of-mental-health-leveraging-connected-digital-technologies-for-agencydriven-patientfocused-care/F97712D8B8CA90B214C4EB7D7451443D>)**Additional Reading****Meader&Chan. Sexual orientation and suicidal behaviour in young people (2017)** (<https://doi-org.ep.fjernadgang.kb.dk/10.1192/bjp.bp.116.197475>)**White. Conflating sexual orientation and gender identity (2017)** (<https://doi-org.ep.fjernadgang.kb.dk/10.1192/bjp.211.6.398b>)**Long. What Killed My Sister? (2014)**
(<https://theamericanscholar.org/what-killed-my-sister/#.V0Q89yFMdfc>)

	Delgadillo. Guided selfhelp in a brave new world (2018)  (https://doi-org.ep.fjernadgang.kb.dk/10.1192/bjp.2017.17)		
	Parker. Psychiatrists as Cartoon Characters (2016)  (https://doi-org.ep.fjernadgang.kb.dk/10.1176/appi.ajp.2016.16040451)		
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1st Short Assignment			

	▾ Session 4. A Suffering Mind—A Disturbing Society—A Broken Brain  		
Required Reading			
	Engel. The Need for a New Medical Model (1977)  (https://www-jstor-org.ep.fjernadgang.kb.dk/stable/1743658)		
	Graham. The Disordered Mind (2021), Ch. 3		
Optional Reading			
	Andreasen. Brave New Brain (2001)  (https://ebookcentral.proquest.com/lib/kbdk/reader.action?ppg=38&docID=3051991&tm=1535355038482)		
	Perring. Mental Illness. The Stanford Encyclopedia of Philosophy (2010)  (http://plato.stanford.edu/entries/mental-illness/)		

**Shorter. The Biopsychosocial Approach (2005).pdf**

Furukawa. An epidemic or a plague of common mental disorders (2019)

(<https://onlinelibrary.wiley.com/doi/full/10.1111/acps.13108>)



Richter et al. Is the global prevalence rate of adult mental illness increasing? (2019)

(<https://onlinelibrary.wiley.com/doi/10.1111/acps.13083>)



Additional Reading



Fusar-Poli et al. The lived experience of psychosis (2022)

(<https://onlinelibrary.wiley.com/doi/10.1002/wps.20959>)



Patel & Bhui. Unchaining people with mental disorders (2018)

(<https://doi-org.ep.fjernadgang.kb.dk/10.1192/bjp.2017.3>)



Ofori-Atta et al. Joining psychiatric care and faith healing (2018)

(<https://doi-org.ep.fjernadgang.kb.dk/10.1192/bjp.2017.12>)



Melechi. Lying for Science (2015)

(<https://aeon.co/essays/is-it-ok-for-psychologists-to-deceive-their-test-subjects>)



Arango & Fraguas. Psychiatry and Etiology (2016)

(<http://ep.fjernadgang.kb.dk/login?url=http://dx.doi.org/10.1002/wps.20283>)



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▼ Session 5. An Impersonal Disease: Evolution, Genes, and Neuroscience



Required Reading



 [Kandel. A New Intellectual Framework for Psychiatry \(1998\)](https://doi-org.ep.fjernadgang.kb.dk/10.1176/ajp.155.4.457) 
(<https://doi-org.ep.fjernadgang.kb.dk/10.1176/ajp.155.4.457>)



 [Murphy. Conceptual Foundations of Biological Psychiatry \(2011\)](http://ep.fjernadgang.kb.dk/login?url=http://dx.doi.org/10.1016/B978-0-444-51787-6.50013-1) 
(<http://ep.fjernadgang.kb.dk/login?url=http://dx.doi.org/10.1016/B978-0-444-51787-6.50013-1>)



Optional Reading



 [McNally. What is Mental Illness?, Ch. 3 \(2011\)](https://ebookcentral.proquest.com/lib/kbdk/reader.action?ppg=80&docID=3300897&tm=1535355806823) 
(<https://ebookcentral.proquest.com/lib/kbdk/reader.action?ppg=80&docID=3300897&tm=1535355806823>)



 [McNally. What is Mental Illness?, Ch. 6 \(2011\)](https://ebookcentral.proquest.com/lib/kbdk/reader.action?ppg=170&docID=3300897&tm=1535355873188) 
(<https://ebookcentral.proquest.com/lib/kbdk/reader.action?ppg=170&docID=3300897&tm=1535355873188>)



 [Wakefield. The Concept of Mental Disorder \(1992\)](https://oce-ovid-com.ep.fjernadgang.kb.dk/article/00000487-199203000-00001/HTML) 
(<https://oce-ovid-com.ep.fjernadgang.kb.dk/article/00000487-199203000-00001/HTML>)



 [Insel & Cuthbert Brian Disorders, precisely \(2015\)](http://ep.fjernadgang.kb.dk/login?url=http://dx.doi.org/10.1126/science.aab2358) 
(<http://ep.fjernadgang.kb.dk/login?url=http://dx.doi.org/10.1126/science.aab2358>)



Additional Reading



 [Kapur et al. The Paradoxical Nature of Nature \(2011\)](https://doi-org.ep.fjernadgang.kb.dk/10.1017/CBO9780511978098.003) 
(<https://doi-org.ep.fjernadgang.kb.dk/10.1017/CBO9780511978098.003>)



 [Sullivan et al. Psychiatric Genomics \(2018\)](https://doi-org.ep.fjernadgang.kb.dk/10.1176/appi.ajp.2017.17030283) 
(<https://doi-org.ep.fjernadgang.kb.dk/10.1176/appi.ajp.2017.17030283>)



 [Weinberger. Schizophrenia and Genomics \(2019\)_](https://ajp-psychiatryonline-org.ep.fjernadgang.kb.dk/doi/10.1176/appi.ajp.2018.18111275)  [https://ajp-
psychiatryonline-
org.ep.fjernadgang.kb.dk/doi/10.1176/appi.ajp.2018.18111275](https://ajp-psychiatryonline-org.ep.fjernadgang.kb.dk/doi/10.1176/appi.ajp.2018.18111275)  

 [Prince. If you Can't Measure It, You Can't Manage it \(2018\)_](http://ep.fjernadgang.kb.dk/login?url=http://dx.doi.org/10.1002/wps.20477)  [http://ep.fjernadgang.kb.dk/login?
url=http://dx.doi.org/10.1002/wps.20477](http://ep.fjernadgang.kb.dk/login?url=http://dx.doi.org/10.1002/wps.20477)  

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 ▼ Session 6. A Societal Problem: Antipsychiatry, Scientific Constructions, and Society



Required Reading  

 **Borch-Jacobsen. Making Psychiatric History (1998).pdf**   

 **Borch-Jacobsen. Making Mind and Madness, Ch. 10 (2009).pdf**   

 **Hacking. The Social Construction of What, Ch. 4 (1999).pdf**   

Optional Reading  

 [McNally. What is Mental Illness?, Ch. 5 \(2011\)_](https://ebookcentral.proquest.com/lib/kbdk/reader.action?ppg=139&docID=3300897&tm=1535525855517)  [https://ebookcentral.proquest.com/lib/kbdk/reader.action?
ppg=139&docID=3300897&tm=1535525855517](https://ebookcentral.proquest.com/lib/kbdk/reader.action?ppg=139&docID=3300897&tm=1535525855517)  



Maj. The Need for a Conceptual Framework (2016)
 (<https://doi-org.ep.fjernadgang.kb.dk/10.1002/wps.20291>)



Additional Reading



Rosenhan. On Being Sane in Insane Places (1973)
 (<https://www-jstor-org.ep.fjernadgang.kb.dk/stable/1735662>)



Bartlett & Hollins. Challenges and mental health needs of women in prison (<https://doi-org.ep.fjernadgang.kb.dk/10.1192/bjp.2017.42>)



Buitelaar. Cutting Nature at its Joints (2018) (<https://doi-org.ep.fjernadgang.kb.dk/10.1111/acps.12855>)



Scull. A Fraudulent Experiment (2020)
 (<https://www.spectator.co.uk/article/how-a-fraudulent-experiment-set-psychiatry-back-decades>)



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Recording



▼ Session 7. Being a Self: Phenomenology and the First-Person Perspective



Required Reading



Gallagher & Zahavi. The Phenomenological Mind (2012).pdf



Nagel. What Is It Like to be a Bat (1974).pdf



Optional Reading



Blankenburg. Phenomenology and Psychopathology (1980).pdf



Additional Reading



Bentall. A Rose By Any Other Name (2013) [.\(https://doi-org.ep.fjernadgang.kb.dk/10.1017/S0033291713000925\)](https://doi-org.ep.fjernadgang.kb.dk/10.1017/S0033291713000925)



Fins. Bring them back (2016)
(<https://aeon.co/essays/thousands-of-patients-diagnosed-as-vegetative-are-actually-aware>)



Chopra. The Usefulness of Dread (2018)
(<https://aeon.co/essays/dread-accompanies-me-through-life-but-it-is-not-without-consolation>)



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▼ **Session 8. A Personal Illness: Psychopathology**



Required Reading



Oyebode. Sim's Symptoms in the Mind, Ch. 1 (2014).pdf



Fuchs. Phenomenology and Psychopathology (2010)



Optional Reading



 [Andreasen. DSM and Phenomenology \(2007\)](https://doi-org.ep.fjernadgang.kb.dk/10.1093/schbul/sbl054)  (https://doi-org.ep.fjernadgang.kb.dk/10.1093/schbul/sbl054)



 [Mishara & Schwartz. Phenomenology and DSM-5 \(2013\)](https://link-springer-com.ep.fjernadgang.kb.dk/chapter/10.1007%2F978-1-4614-6504-1_9)  (https://link-springer-com.ep.fjernadgang.kb.dk/chapter/10.1007%2F978-1-4614-6504-1_9)



 [Stanghellini et al. "Introduction" to The Oxford Handbook of Phenomenological Psychopathology \(2019\)](http://www.oxfordhandbooks.com.ep.fjernadgang.kb.dk/view/10.1093/oxfordhb/9780198803157.001.0001/oxfordhb-9780198803157-e-106)  (http://www.oxfordhandbooks.com.ep.fjernadgang.kb.dk/view/10.1093/oxfordhb/9780198803157.001.0001/oxfordhb-9780198803157-e-106)



Additional Reading



 [Krueger et al. Progress in Achieving Quantitative Classification of Psychopathology \(2018\)](https://doi.org/10.1002/wps.20566)  (https://doi.org/10.1002/wps.20566)



 [Kendler. Classification of Psychopathology: Conceptual and Historical Background \(2018\)](https://doi.org/10.1002/wps.20549)  (https://doi.org/10.1002/wps.20549)



 [Stanghellini & Rosfort. Disordered Selves or Persons \(2015\)](https://oce-ovid-com.ep.fjernadgang.kb.dk/article/00001504-201505000-00011/HTML)  (https://oce-ovid-com.ep.fjernadgang.kb.dk/article/00001504-201505000-00011/HTML)



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2nd Short Assignment



▼ Session 9. Being a Person: Well-Being over Time		✓ ▼	+ ⋮
Required Reading		✓ ⋮	
	Graham. The Disordered Mind (2021), Ch. 6	✓ ⋮	
	Haybron. The Pursuit of Unhappiness (2008) (http://ebookcentral.proquest.com/lib/kbdk/reader.action?ppg=244&docID=415956&tm=1543308209200)	✓ ⋮	
Optional Reading		✓ ⋮	
	Wilson. Strangers to Ourselves (2002)	✓ ⋮	
	Graham. The Disordered Mind (2021), Ch. 7	✓ ⋮	
	Lesser. Compassion in the Eye of the Beholder (2016) (https://doi-org.ep.fjernadgang.kb.dk/10.1176/appi.ajp.2016.16060639)	✓ ⋮	
Additional Reading		✓ ⋮	
	Liu et al. Happiness and Mortality (2015) (http://ep.fjernadgang.kb.dk/login?url=http://dx.doi.org/10.1016/S0140-6736(15)01087-9)	✓ ⋮	
	Verhofstadt et al. Unbearable Suffering (2018) (https://doi-org.ep.fjernadgang.kb.dk/10.1192/bjp.bp.117.199331)	✓ ⋮	
	Kiko & Verhofstadt. Discussion of Unbearable Suffeering (2018) (https://doi-org.ep.fjernadgang.kb.dk/10.1192/bjp.2018.47)	✓ ⋮	
	Casell. Medicine and the nature of Suffering (1982) (http://ep.fjernadgang.kb.dk/login?url=http://dx.doi.org/10.1056/NEJM198203183061104)	✓ ⋮	

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▼ Session 10. Dealing with Suffering: Therapy and Medicine



Required Reading



Berman et al. Principles of the Pharmacotherapy of Depression (2009).pdf



Charland. Why Psychiatry Should Fear Medicalization (2013) 
 (<http://ep.fjernadgang.kb.dk/login?url=http://dx.doi.org/10.1093/oxfordhb/9780199579563.013.0013>)



Optional Reading



Bentall. Doctoring the Mind (2009).pdf



Prosser et al. Biological v. Psychosocial Treatments (2016) 
 (<https://doi-org.ep.fjernadgang.kb.dk/10.1192/bjp.bp.115.178368>)



Graham. The Disordered Mind (2021), Ch. 8 (pp. 165-194)



Scott O. Lilienfeld. What is “evidence” in psychotherapies? (2019) 
 (<https://onlinelibrary.wiley.com/doi/full/10.1002/wps.20654>)



Pim Cuijpers. Targets and outcomes of psychotherapies (2019) 
 (<https://onlinelibrary.wiley.com/doi/10.1002/wps.20661>)



Additional Reading



 [Bauer. Hope, Faith, Love, and Treating Serious Mental Health Conditions \(2016\)](https://doi-org.ep.fjernadgang.kb.dk/10.1176/appi.ajp.2016.15121604)  (https://doi-org.ep.fjernadgang.kb.dk/10.1176/appi.ajp.2016.15121604)



 [Cabb et al. Shrink Rethink \(2017\)](https://doi-org.ep.fjernadgang.kb.dk/10.1192/bjp.bp.116.197210)  (https://doi-org.ep.fjernadgang.kb.dk/10.1192/bjp.bp.116.197210)



 [Sholl. Nobody is Normal \(2017\)](https://aeon.co/essays/is-it-time-to-abandon-the-medical-construct-of-being-normal)  (https://aeon.co/essays/is-it-time-to-abandon-the-medical-construct-of-being-normal)



 [Torous&Firth. Bridging the Dichotomy of Actual Versus Aspirational Digital Health \(2018\)](https://onlinelibrary-wiley-com.ep.fjernadgang.kb.dk/doi/full/10.1002/wps.20464)  (https://onlinelibrary-wiley-com.ep.fjernadgang.kb.dk/doi/full/10.1002/wps.20464)



Powerpoint



Recording



▼ Session 11. Living with Fragility: A Life-Long Challenge



Required Reading



 Meares. Intimacy and Alienation (2000).pdf



 [Wyller. The Place of Pain in Life \(2005\)](https://search-proquest-com.ep.fjernadgang.kb.dk/docview/231325298?rfr_id=info%3Axri%2Fsid%3Aprimo)  (https://search-proquest-com.ep.fjernadgang.kb.dk/docview/231325298?rfr_id=info%3Axri%2Fsid%3Aprimo)



Optional Reading





Wampold and Flückiger. The Alliance in Mental Health Care (2023) <https://onlinelibrary.wiley.com/doi/10.1002/wps.21035>



Graham. The Disordered Mind (2021), Ch. 9



Additional Reading



Stanghellini&Rosfort. Empathy as a Sense of Autonomy (2013)
https://search-proquest-com.ep.fjernadgang.kb.dk/docview/1464752493?rfr_id=info%3Axri%2Fsid%3Aprimo



Rosfort. Kierkegaard's Conception of Psychology (2015)



Powerpoint



Recording



Final Paper



▼ Short Assignments - Only for DIS-students (that is, not for KU- and exchange students)



1st Short Assignment

28. feb | 100 point



2nd Short Assignment

14. apr | 100 point



▼ **Final Paper**



Final Paper

8. maj | 100 point



Fagets læseplan

[Spring til i dag](#)
 Rediger

Læseplan-siden viser en tabel-orienteret visning af fagets program og basis for fagets karaktergivning. Du kan tilføje alle andre kommentarer, noter, eller tanker, du har om fagets struktur, politik eller andet.

For at tilføje kommentarer, klik "Rediger" linket øverst.

Oversigt over fag:

Dato	Nærmere oplysninger	Forfalder
tirs den 21. Jan 2025	 Session 1. Introduction: What Is Mental Health and Why Does Our Mind Suffer? https://absalon.instructure.com/calendar?event_id=181185&include_contexts=course 81087	13.30 til 16:00
tirs den 28. Jan 2025	 Session 2. A Brief History of Suffering I: From Humoralism to Nerves (500 BCE—1800 CE) https://absalon.instructure.com/calendar?event_id=181187&include_contexts=course 81087	13.30 til 16:00
tirs den 11. Feb 2025	 Session 3. A Brief History of Suffering II: From Pinel Over Freud to DSM-5 (1800—2013) https://absalon.instructure.com/calendar?event_id=181188&include_contexts=course 81087	13.30 til 16:00
tirs den 18. Feb 2025	 Session 4. A Suffering Mind —A Disturbing Society—A Broken Brain: The Encounter of Three Cultures https://absalon.instructure.com/calendar?event_id=181189&include_contexts=course 81087	13.30 til 16:00
tirs den 25. Feb 2025	 Session 5. An Impersonal Disease: Evolution, Genes, and Neuroscience https://absalon.instructure.com/calendar?event_id=181190&include_contexts=course 81087	13.30 til 16:00
fre den 28. Feb 2025	 1st Short Assignment https://absalon.instructure.com/courses/81087/assignments/228643	forfalder 23.59

Dato	Nærmere oplysninger	Forfalder
tirs den 11. Mar 2025	 <u>Session 6. A Societal Problem: Antipsychiatry, Scientific Constructions, and Society</u> (https://absalon.instructure.com/calendar?event_id=181191&include_contexts=course_81087) 	13.30 til 16:00
tirs den 18. Mar 2025	 <u>Session 7. Being a Self: Phenomenology and the First-Person Perspective</u> (https://absalon.instructure.com/calendar?event_id=181192&include_contexts=course_81087) 	13.30 til 16:00
tirs den 1. Apr 2025	 <u>Session 8. A Personal Illness: Psychopathology</u> (https://absalon.instructure.com/calendar?event_id=181184&include_contexts=course_81087) 	13.30 til 16:00
tirs den 8. Apr 2025	 <u>Session 9. Being a Person: Well-Being over Time</u> (https://absalon.instructure.com/calendar?event_id=181193&include_contexts=course_81087) 	13.30 til 16:00
man den 14. Apr 2025	 <u>2nd Short Assignment</u> (https://absalon.instructure.com/courses/81087/assignments/228644) 	forfalder 23.59
tirs den 15. Apr 2025	 <u>Session 10. Dealing with Suffering: Therapy and Medicine</u> (https://absalon.instructure.com/calendar?event_id=181183&include_contexts=course_81087) 	13.30 til 16:00
tirs den 29. Apr 2025	 <u>Session 11. Living with Fragility: A Life-Long Challenge</u> (https://absalon.instructure.com/calendar?event_id=181186&include_contexts=course_81087) 	13.30 til 15:00
tors den 8. Maj 2025	 <u>Final Paper</u> (https://absalon.instructure.com/courses/81087/assignments/228645) 	forfalder 23.59