

Pre-Departure FAQ

DIS - Study Abroad in Scandinavia • International Educators Conference (IEC)
June 10-14, 2024

Conference Logistics

When and where does the conference start and end?

The conference will begin in Stockholm the morning of Monday, June 10. We recommend that participants arrive in Stockholm no later than Sunday, June 9. The conference will end in Stockholm by 15.00 on the afternoon of Friday, June 14.

Are guests allowed?

Due to the pace of the conference and limited capacity, we do not offer guest registration and are unfortunately unable to accommodate guests during any part of the conference. The homestays are limited and only available for participants. The conference includes evening events on Monday and Tuesday, as well as an overnight excursion beginning on Wednesday and returning to Stockholm in the late afternoon on Thursday. Please keep this information in mind if you are considering having family/friends join you in Stockholm.

What do I need to know about the overnight excursion outside Stockholm?

As part of the conference, there will be an overnight excursion (Wednesday-Thursday) with smaller groups outside Stockholm. With the stunning Swedish nature as the backdrop, we will engage in more intimate communities to connect, challenge, and renew our perspectives on challenges in higher education. DIS will coordinate and cover the cost for transportation, accommodations, and meals during the excursion. All participants will have their own room. Please plan to bring a small overnight bag. Groups will be assigned by the IEC team and will be comprised of IEC participants and a mix of DIS staff/faculty. Please note, we are not able to accommodate guests on these excursions.

What is the schedule for the conference and how do I register for sessions?

You can find a general schedule overview [here](#). More specific details will be sent to you as the conference approaches.

Will I be able to visit DIS Copenhagen as well?

Yes! We will host an optional, half-day Open House event at DIS Copenhagen on Monday, June 17th. Specific details will be released at a later date. There is no extra fee to join, though you will be responsible for your personal transportation and accommodation costs. To help with our planning, please let us know if you are interested in the Copenhagen Open House on Monday, June 17th via [this form](#).

Accommodations

When do I need to have my accommodations booked by?

We strongly recommend you book your accommodations as soon as possible as summer is a popular time to visit Scandinavia and hotels may fill up. Please update your IEC registration with your accommodation details once they have been solidified. As a note, the deadline to register for a homestay is March 31, or until capacity is reached.

Where should I stay?

Hotel: You can find recommendations for hotels in Stockholm [here](#).

DIS has a discount with the following hotels: [Clarion Tupto](#) and [Morningson](#). Please email IEC@dis.dk for the discount code(s).

Homestay: Homestays are allocated on a first-come, first-served basis and have a fee of \$500 per person. Homestay sign-up is open until March 31, or until capacity is reached. The duration of the homestay is from June 9 to the morning of June 15. DIS may be able to accommodate early arrivals to homestays on Saturday, June 8, for participants wishing to spend more time with the hosts. If you're interested in arriving on Saturday and taking part in your hosts' weekend plans, email IEC@dis.dk. While DIS cannot guarantee Homestay accommodation on Saturday, June 8, we are happy to facilitate it if possible.

What should I consider when booking a hotel in Stockholm?

We recommend booking a hotel with check-in on June 9 and check-out on June 14 or 15. You will need accommodations in Stockholm on the evenings of June 9-11 and June 13-14. You will not need accommodations in central Stockholm on the evening of June 12, as DIS will be covering accommodations for the excursion outside Stockholm this evening (more information on this can be found under 'What do I need to know about the overnight excursion outside Stockholm?'). If you wish to check out of your Stockholm hotel on June 12 and back in on June 13, you are welcome to make two separate hotel reservations.

I signed up for a homestay in Stockholm - when will I have more information?

DIS makes homestay arrangements in Stockholm for all participants who signed up for this option before the deadline or before capacity is reached. Participants will be connected to their homestays approximately 1-2 weeks before the start of the conference. Most of our hosts, as in U.S. cities, live in the suburbs and not in the city center. Homestay participants will travel daily on Stockholm's public transit system, up to 60 minutes each way, using a transportation pass provided by DIS. Participants will typically be picked up by their hosts at the Stockholm airport.

Gifts for your homestay: A small gift is a nice gesture, like a token from your state (e.g. food, chocolates, book, college hat or t-shirt from your home region), but by no means obligatory.

Where should I plan to stay if attending the DIS Copenhagen Open House?

DIS Copenhagen is located in the heart of the city, along the central walking street, 'Strøget.' It is a 5-minute walk from City Hall Square (Rådhuspladsen), a 10-minute walk from Tivoli Gardens, and a 20-minute walk from The King's Square (Kongens Nytorv). You can use these landmarks when booking accommodations or refer to the following recommendations:

[Hotel SP34](#) ** (5-minute walk)
[Scandic Palace Hotel](#) (5-minute walk)
[citizenM Rådhuspladsen](#) (5-minute walk)
[Hotel Alexandra](#) (6-minute walk)
[Hotel Danmark](#) ** (7-minute walk)

**DIS has a discount agreement with Brøchner Hotels on bookings via their [website](#). Please email the IEC Team at IEC@dis.dk for the booking code.

Travel & Packing

Do you have 6 months validity remaining on your passport?

Many countries require that your U.S. passport have 6 months validity remaining for entry (in other words, your passport should not expire for at least 6 months after your planned travel dates for IEC). If your passport does not have the required validity, renew it as soon as possible to ensure that you have a valid passport in plenty of time prior to your departure date.

How do I get between the Stockholm airport (Arlanda) and Stockholm city center?

Train: The Arlanda Express runs between all terminals at the airport and Stockholm Central Station (T-Centralen). You can purchase tickets at the airport's information desks or at self-service machines. The train ride to T-Centralen takes about 18 minutes. The ticket costs 340 SEK (approx. \$30). You can also buy a ticket in advance [via the Arlanda Express website](#) using a credit card.

From T-Centralen to DIS Stockholm: Take the T-bana (Stockholm's metro) – Line 14 (Toward Mörby Centrum) – two stops to 'Stadion'. You can tap your credit card on the turnstile to purchase a ticket (42 SEK; approx. \$4). You can also take a taxi or Uber, which takes 10-15 minutes (approx. 200 SEK; approx. \$20).

Taxi: Taxis are found outside Terminal 2 and 5. It takes approximately 40 minutes to get to the city center from the airport. The cost of the taxi will be approximately 850 SEK (approx. \$85) and they accept major credit cards for payment.

What should I wear during the conference?

Stockholm has a moderate climate similar to that of Seattle, Vancouver, and London. The average high temperature in June is 68°F, and the average low is 51°F. It is a good idea to pack comfortable shoes, layers, and bring a rain jacket (just in case!).

Many sessions, workshops, and field studies throughout the conference, plus much of the excursion outside of Stockholm, will take place outside of the classroom, with an emphasis on experiential learning. Activities on these days may range

from light walking outdoors to more moderate physical activity. As such, comfort, proper footwear and outerwear will be key. Stockholm is composed of 14 islands, so the opportunity to swim is never far away – consider packing a bathing suit!

The activity level of different sessions will be outlined in the session descriptions within session sign-ups so that you are adequately prepared for what you need to wear/pack for each session. Casual, comfortable clothing is recommended for the whole conference.

I'm attending the DIS Copenhagen Open House. How do I get from Stockholm to Copenhagen?

As part of our *Going Greener* efforts, we encourage (and highly recommend!) taking the train between Stockholm and Copenhagen. You can find times and book trains going from Stockholm Central to København H [here on SJ's website](#). Exact train times can be posted anywhere from 3-6 months in advance. If you prefer to travel by plane, you should fly from Stockholm Arlanda to Copenhagen Airport.

How much money should I bring?

Sweden is largely a cashless society, so you should be prepared to make payments entirely by card. As of March 2024, 1 USD = 10.33, SEK and 1 SEK = 0.097 USD.

What happens if I need to cancel my IEC participation?

If you need to cancel your IEC participation, please email IEC@dis.dk. DIS will issue full refunds for Registration fees and Homestay fees if participation is canceled on/before May 1. After this date, fees will not be refunded. Please contact IEC@dis.dk with questions.

More questions?

Please be sure to check our [website](#) for the most up to date information. Do not hesitate to contact us at IEC@dis.dk with any additional questions.