

DIS COVID-19 Flowchart (Denmark)

This information is provided to assist students based on official Danish public health protocols available here: sst.dk/en/English/Corona-eng

These may be updated from time to time and this chart may not always reflect the most recent guidance.

If you have any questions, contact COVIDResponse@dis.dk.

Do you have COVID-19 symptoms and feel sick?

Note: This applies if you are vaccinated or not

See symptoms below.



YES



- Stay home and away from others
- Take an at-home test
- If you test positive, contact DIS at 3090 1270 for guidance and support regarding PCR testing and quarantine
- Quarantine for at least 4 days
- Inform your faculty you'll be missing class and coordinate academic work
- Call 1813 or 112 for further medical assistance, if necessary



Have you received a positive PCR test result?



YES



- Contact DIS for guidance and support, including if you feel that you cannot isolate in your own housing: 3090 1270
- Quarantine for the time period specified by Danish protocols, 4 days from when you were tested
- Inform your faculty you'll be missing class and coordinate academic work
- Stay in touch with DIS and reach out with any needs

COVID-19 symptoms include:

- Dry cough, fever, breathing difficulties, sore throat, headache, muscle pain, stuffy nose, severe fatigue, loss of taste and smell

According to Danish guidelines, quarantine means:

- Stay at home and do not meet with people you don't live with
- Avoid close contact with people you live with and pay particular attention to good hygiene and cleaning
- Air out your room 4-5 times a day for 10 minutes at a time
- Note: if you feel you are unable to follow the quarantine guidelines in your housing, DIS will assist you with quarantine elsewhere

When can you leave isolation?

- You can leave at the earliest 4 days after you tested positive, if you have no or mild symptoms (runny nose, scratchy throat, mild cough)
- If you have significant symptoms (fever, persistent cough, breathing difficulties), you must isolate until your symptoms subside